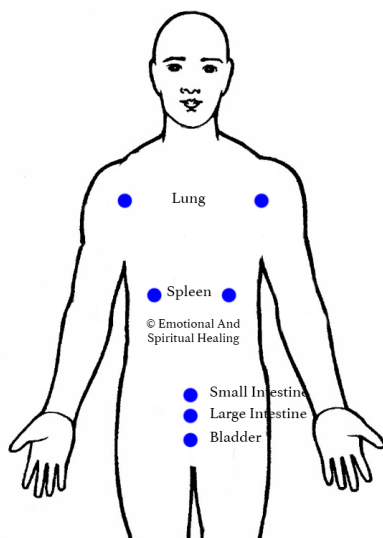


Foundations for SUPERNATURAL BUSINESS Growth

Release Negative Emotions

As shown in the video, hold the point shown for the emotion you're releasing, and your forehead. Think about releasing that emotion. Hold until you can feel the emotion release or you feel really awkward. Now think of the opposite of that emotion, and hold the points while you ask God to fill you with that positive emotion in this context.



Commitment

- Perfectionism - Large Intestine
- Control - Large Intestine
- Indecisive - Small Intestine

Discomfort

- Fear - Bladder
- Yearning - Lung

Confidence

- Insecurity - Spleen
- Low Self-worth - Large Intestine

Consistency

- Confusion - Small Intestine
- Restlessness - Bladder

Responsibility

- Control - Large Intestine
- Boundaries - Spleen

Wisdom

- Insecurity - Spleen
- Low Self-worth - Large Intestine

Integrity

- Control - Large Intestine
- Boundaries - Spleen

Adaptability & Flexibility

- Confusion - Small Intestine
- Restlessness - Bladder

Courage

- Fear - Bladder
- Insecurity - Spleen
- Low Self-worth - Large Intestine